



# Pathways to Mental Health

## A Community Resource Fair

*20 % of Youth ages 13 – 18 live with a mental health condition  
10.2 million adults have co-occurring mental health and addiction disorders  
50% of women who live with a mental illness have experienced a form of trauma  
1 in 5 adults in America experience a mental illness*

Join us to learn more about mental health and other community resources in our area.

**NEW THIS YEAR:** Students can earn 1 hour of Community Service for attending and learning!

**Thursday, March 22nd**  
**6:00 PM—8:00PM**

**Bernards Township Library**  
**Program Rooms A&B**  
**32 South Maple Avenue**  
**Basking Ridge, NJ 07920**

For more information, call:  
(908) 204-2523

or visit:

[www.bernardsalliance.org](http://www.bernardsalliance.org)

